



# Alert: Hair and Nail Salons Health Hazards

Recent news stories on health hazards in the personal care industry have brought attention to these problems and NYS Governor Cuomo and advocates across the country are planning action to address these issues. Chemicals such as formaldehyde <http://nj.gov/health/eoh/rtkweb/documents/fs/0946.pdf> released from some hair straighteners and methyl methacrylate <http://nj.gov/health/eoh/rtkweb/documents/fs/1277.pdf> in artificial nails are some of the major concerns.

Both of these chemicals are breathing hazards and can cause other health problems. Using safer chemicals and the use of adequate ventilation are steps to reduce these hazards. Resources can be found below. **Act now and stay healthy!**

Contact the Occupational Health Clinical Center if you are within the North Country, Central New York or Southern Tier regions of Upstate New York via email at [cnyohcc@upstate.edu](mailto:cnyohcc@upstate.edu).

## NYTimes Articles:

[The Price of Nice Nails](#)

[Perfect Nails, Poisoned Workers](#)

[Abuses at Nail Salons](#)

[3 Ways to Be a Socially Conscious Nail Salon Customer](#)

## Resources:

Women's Voices for the Earth <http://www.womensvoices.org/avoid-toxic-chemicals/salon-products/>

OSHA Health Hazards in Nail Salons ( Spanish, Vietnamese, Korean languages)

<https://www.osha.gov/SLTC/nailsalons/>

OSHA Health Hazards in Hair Salons

<https://www.osha.gov/SLTC/hairsalons/>

**Call for better protection** <http://thehill.com/regulation/241593-house-dem-calls-on-osha-to-better-protect-nail-salon-workers>

**New York Initiative on Nail Salons**

<http://nycosh.org/2015/05/ny-healthy-nail-salons-coalition-praises-cuomos-initiative-highlights-need-for-additional-inspectors-and-public-health-education/>

<http://www.amny.com/news/new-york-state-nail-salon-crackdown-ordered-by-cuomo-after-bombshell-report-1.10422026>

**Nail Salon Report**

<http://thenationshealth.aphapublications.org/content/45/3/1.3.full>

**Nail Salon Action**

<http://www.adhikaar.org/>

**Healthy Nail Salon Video**

<https://vimeo.com/27221190>