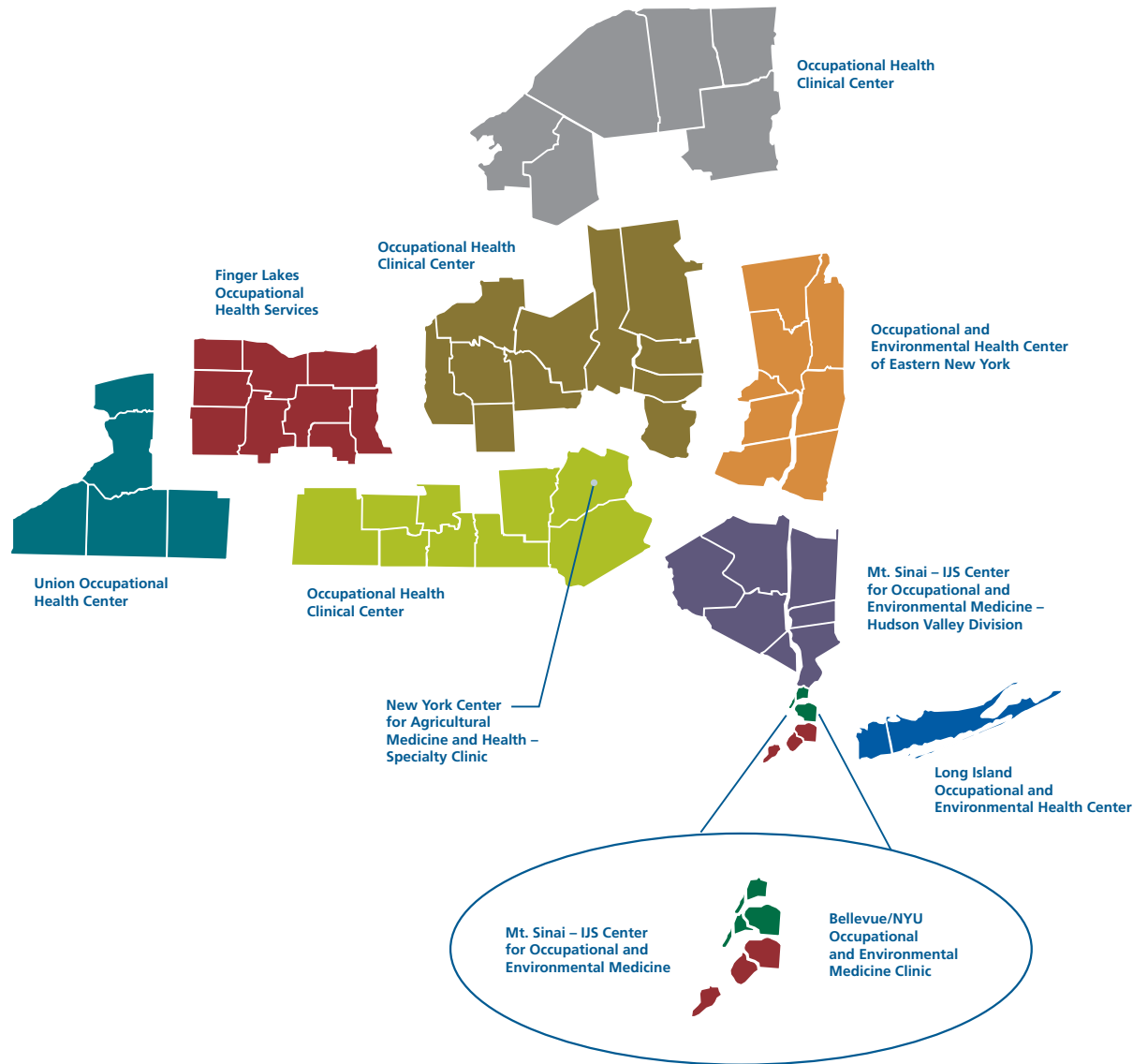


NEW YORK STATE OCCUPATIONAL HEALTH CLINICS



PROTECTING THE WORKERS OF NEW YORK STATE

For more information, contact your local Occupational Health Clinic, or the New York State Department of Health at:

1-866-807-2130

<http://www.nyhealth.gov/nysdoh/environ/occupate.htm>



New York State Department of Health

PROTECTING THE WORKERS OF NEW YORK STATE

NYS Occupational Health Clinic Network



For Workers, Retirees, and Residents...

Each year, thousands of workers in New York get sick or are injured on the job. Since 1987, the **New York State Occupational Health Clinic Network (OHCN)** has assisted New Yorkers by helping them to return to work safely and by preventing disease and injuries. They have a proven record of assisting the working population in New York. The OHCN clinics are located throughout the State, including a clinic specializing in farm worker health and safety.



Experts in health and safety can help prevent you and your co-workers from becoming sick or injured on the job by:

- talking to you about your job and workplace
- visiting your workplace to assess potential hazards
- assisting your employer in reducing unhealthy or dangerous work conditions
- working with your employer or union to make your workplace safer
- helping you recognize and avoid hazards at work
- recommending the right protective equipment

Trained staff can assist both you and your family with the stress caused by being sick or injured on the job by:

- answering your questions
- supporting you throughout your diagnosis, treatment and recovery
- filing the necessary paperwork for your insurance or Workers' Compensation claims
- talking to you about sources of income and other services you may be eligible to receive
- providing support groups for you to discuss problems with other workers
- offering training in relaxation techniques
- helping with job retraining

Who can use the Occupational Health Clinic Network?

The Occupational Health Clinics are available to all workers, retirees and residents in New York State. No worker will be turned away because of an inability to pay and the OHCN clinics can bill directly to most major health insurance carriers.

You could benefit from a visit to an OHCN clinic if:

- your wrists, hands or arms ache or feel numb, especially at night
- you work with asbestos, solvents, lead or other dangerous materials
- you have a hard time breathing when on the job
- you have been told you have asbestosis, carpal tunnel, occupational asthma, occupational hearing loss, work-related muscular skeletal problems or other work-related conditions



If your co-worker, friend or family member has been sick or injured on the job, please share this brochure with them.

Your medical information is confidential and will not be shared without your consent unless required by law, including the Health Information Portability and Accountability Act (HIPAA) and OSHA regulations.